

# Engaging volunteers



# List organisations you are involved in

- paid or voluntary?
- what do you get out of it?
- could there be a link with the health care team?
- do you know what organisations staff regularly attend?
- can this activity be built on?
- would the health care team benefit by being more active in the community?
- do you offer opportunities for volunteers?
- if yes, what are they?
- how could they be extended?
- if no, what could they be?

# Why organise a volunteer group?

- extra pair of hands
- provide support services to patients
- involvement in community
- contribute to cohesiveness of community, breakdown barriers
- see patients in different roles
- meet special needs more appropriately
- community, patients support team.

# Benefits for volunteers

- influence
- give something back
- therapy
- reduce isolation
- self respect
- social respect.

